



Understanding Enlightenment: A Simple And Clear Guide To Attaining It

Sri Bagavath

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According to Sri Bagavath, all it requires is the right 'Understanding' of the way our Conscious, Subconscious and the Deeper Conscious Mind functions. This understanding, imparted to us through six simple chapters of Understanding Enlightenment, can hasten the 'Flowering of Consciousness' within us that will lead to Enlightenment and subsequent Liberation – without any further delay. Sri Bagavath's spiritual journey began at a young age. He was drawn to the writings and teachings of spiritual masters like Ramakrishna Paramahansa, Ramana Maharshi, Nisargadatta Maharaj and J. Krishnamurti, to name a few. He had the blessings and guidance of a living sage, Raju Swamy, popularly known as 'Theni Swamy'. A practitioner of yoga and meditation for over 40 years, he gained sudden Enlightenment and Liberation when he was 58 years old. He now helps aspirants progress on their spiritual path.



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