



Ariadne's Thread: Case Studies in the therapeutic Relationship (Skills, Techniques, & Process)

Eric W. Cowan

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This casebook provides a personal account of the struggles a counselor encounters in everyday clinical practice. Each of the eight studies--thoughtfully detailed by the author from his own experience--illuminates the therapist/client relationship. Follow-up discussions tie each case and the therapist's technique to counseling theory and practice. A final conclusion links all cases and the related discourse together.

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