



A Lifetime in a Race

Matthew Pinsent

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With his last-gasp victory as part of the Great British coxless four team at the Athens Olympics, Matthew Pinsent clinched an historic fourth Olympic Gold to add to the three already won with his legendary rowing partner Steve Redgrave. In an uniquely exciting and evocative autobiography, Pinsent interweaves the build-up to Athens 2004 with the extraordinary story of his career and unforgettable partnership with Redgrave. Plucked from obscurity at the age of 20, told to partner his hero, and trained to within an inch of his life, Pinsent's story is uniquely revealing about what it takes to be a champion and the mixed blessings of success. Culminating with a nail-biting final chapter detailing the team's extraordinary victory in Athens in blow-by-blow detail, *A Lifetime in a Race* is a sports book in a different mould.

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