



Quieting Your Heart: Gratitude Journal

Darlene Schacht

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Gratitude is found in the mundane moments of everyday life--the minutes we pause to breathe in the goodness of God. **Quieting Your Heart: Gratitude Journal** is designed to help you do that. The whimsical illustrations throughout make this journal a precious keepsake, in which you count the blessings at hand. Inside this journal you'll find coloring pages with Bible verses as well as a place to:

- Record things you are thankful for
- Keep a record of fond memories
- Consider ways to express your gratitude
- Journalize what you're learning in your quiet time
- Record something wonderful that happens each day
- Keep track of your prayer requests and praise reports
- Record a daily prayer

If you enjoy pretty notebooks and quiet time with the Lord, then you'll love this gratitude journal.



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