



Be CentsAble: How to Cut Your Household Budget in Half

Chrissy Pate, Kristin McKee

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Read Chrissy Pate and Kristin McKee's posts on the Penguin Blog.

As seen on *Good Morning America* and successfully adopted by thousands of subscribers, this easy-to-use system helps slash every household budget

Now more than ever, people are desperate to save money without scrimping on every little purchase or sacrificing their lifestyle. Like most Americans, stay-at-home moms Chrissy Pate and Kristin McKee spent the lion's share of their budgets on what they assumed to be static costs such as groceries and utilities. But when using traditional couponing and cheapskate guides didn't help their budgets shrink by a dime, Pate and McKee decided to come up with their own way to save.

Within a few months, their household expenses dropped by more than half—from spending \$800 each per month to less than \$350! only a few years after developing their "be centsable" system, Pate and McKee have helped thousands of subscribers save money without spending hours finding and cutting coupons, or giving up "extras" like travel and entertainment. In this prescriptive guide, these authors show how anyone can save thousands of dollars on cleaning supplies, pet care, toys, travel, and most importantly, groceries—without giving up healthy foods, favorite products, or the occasional splurge.

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