



# In Search of the Warrior Spirit

*Richard Strozzi Heckler*

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# In Search of the Warrior Spirit

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**In Search of the Warrior Spirit** Richard Strozzi Heckler  
Expanded Third Edition with Marine Martial Art Update.

In a top-secret U.S. military experiment, Richard Heckler was invited to teach Eastern awareness disciplines ranging from Aikido to meditation to a group of 25 Green Berets. This account chronicles his experiences in the training program and his attempts to revive traditional warriorship in a technological society. His book provides insight into the nature of war, the meaning of masculinity, and the need for moral values in the military. This new edition includes Heckler's response to 9/11, his connections to the Pentagon and U.S. soldiers in Afghanistan, and his reflections on the movie *Black Hawk Down*, which depicts the deaths of two of his trainees. "The new Marine Corps martial art...is focused as much on the soul as it is on soldiering..."  
—*The Wall Street Journal*

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