



Principles of Ear Acupuncture: Microsystem of the Auricle

Axel Rubach

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Based on the author's extensive clinical and teaching experience, this textbook and reference guide provides a comprehensive review of both the French (after Nogier) and Chinese schools of acupuncture. The book offers a detailed description of the anatomy and morphology of the ear, acupoints on the ear and their localizations, as well as specific points for ear acupuncture. Dr. Rubach, with over twenty years experience as a practitioner and teacher of ear acupuncture, provides valuable information in a clear, easy-to-read format.

Learn how to use ear acupuncture safely and effectively with large-format, graphic illustrations that clearly display the location of the points and methods of auriculotherapy. Then test your knowledge with the accompanying CD-ROM! Versatile and easy to follow, you can quiz each system in two ways: by pointing your "needle" to the correct place on the ear, or by matching the named location to a point. The program tracks your work and records how well you've done, making a useful study guide!

Basic principles and specific treatments are explained, including:

- Outstanding description of the anatomy and morphology of the ear
- A critical review of different methods of stimulation
- Therapeutic point combinations
- Quick Reference section on acupoints and localization
- A question and answer section for instant review

Also includes special sections on the use of acupuncture in pregnancy, obstetrics, gynecology, and dentistry. Filled with tips for daily practice, this reference guide for students and practitioners is one you will reach for again and again!

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