



# Super Suppers Cookbook

*Judie Byrd*

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## Super Suppers Cookbook Judie Byrd

- Prepare it and freeze it and save it--or enjoy it tonight!It's the philosophy of Judie Byrd, culinary expert and entrepreneur of Supper Suppers, one of the fastest growing meal assembly franchises in the country. Known for its timesaving, make-ahead approach to great-tasting meals, Super Supper provides a delicious, easy answer to "What's for dinner?" Give your family fresh, home-cooked meals-and leave drive-through fare behind. *Super Suppers Cookbook shares the secrets of preparing wonderful food for your family to enjoy around the supper table. All recipes cater to flavors your family will savor and your need for speed.Now, in her first cookbook titled after the franchise, Judie shares her time-saving approach to meals with more than 180 easy, family-friendly recipes perfect for all schedules. Super Suppers includes recipes for main dishes, sides, desserts and much more!*

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