



# Repentance and Confession (Spiritual Life Series) (Volume 1)

*Hieromonk Gregorios*

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## **From the Prologue:**

Repentance is man's return to God. It is a change-of-heart in the nous from the darkness of sin to the light of Christ. The beginning of this journey is "the awareness of our errors, which is a great opportunity for us to attract divine mercy. This is why the Prophet David says to God: *Have mercy upon me, ... For I am conscious of my iniquity* (Ps. 50: 1, 3)." We acknowledge that we are responsible for our condition, and we humbly seek God's mercy.

*This booklet speaks about repentance, the healing of the wounds of sin, and about holy Confession, the Sacrament through which man's repentance is accomplished.* Particular emphasis is placed on preparation for the Sacrament, as well as on the fruits of repentance that accompany it.

## **From the Contents:**

**1.** Repentance is Medicine, **2.** The Beginning of Repentance, **3.** How does the Compassionate Father receive us?, **4.** Confession and Holy Communion, **5.** Obstacles to Repentance, **6.** Examination of the Conscience [a. Our Relationship with God, b. Our Relationship with our Fellows, c. Confronting Ourselves], **7.** Fruits of Repentance, **8.** The Spiritual Resurrection of Man, **9.** The Absolution of Sins and Peace of the Soul, **10.** Sons of God by Grace, **11.** Our Entrance into the Kingdom of God

*Each small book in the Spiritual Life Series tackles a topic of spiritual significance for the Orthodox Christian's daily life.*

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### **From reader reviews:**

#### **Pamela Dudley:**

This Repentance and Confession (Spiritual Life Series) (Volume 1) book is absolutely not ordinary book, you have after that it the world is in your hands. The benefit you get by reading this book will be information inside this reserve incredible fresh, you will get facts which is getting deeper anyone read a lot of information you will get. This particular Repentance and Confession (Spiritual Life Series) (Volume 1) without we understand teach the one who examining it become critical in imagining and analyzing. Don't be worry Repentance and Confession (Spiritual Life Series) (Volume 1) can bring any time you are and not make your handbag space or bookshelves' turn into full because you can have it inside your lovely laptop even telephone. This Repentance and Confession (Spiritual Life Series) (Volume 1) having good arrangement in word as well as layout, so you will not experience uninterested in reading.

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#### **Brittany Schafer:**

What is your hobby? Have you heard this question when you got scholars? We believe that that question was given by teacher for their students. Many kinds of hobby, Everyone has different hobby. So you know that little person like reading or as reading become their hobby. You need to understand that reading is very important in addition to book as to be the point. Book is important thing to include you knowledge, except your own personal teacher or lecturer. You find good news or update in relation to something by book. A substantial number of sorts of books that can you decide to try be your object. One of them is this

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