



Life Is Meals: A Food Lover's Book of Days

James Salter, Kay Salter

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From the PEN/Faulkner Award–winning author James Salter and his wife, Kay—amateur chefs and terrific hosts—here is a charming, beautifully illustrated food lover’s companion that, with an entry for each day of the year, takes us from a Twelfth Night cake in January to a champagne dinner on New Year’s Eve. *Life Is Meals* is rich with culinary wisdom, history, recipes, literary pleasures, and the authors’ own stories of their triumphs—and catastrophes—in the kitchen.

For instance:

The menu on the *Titanic* on the fatal night

Reflections on dining from Queen Victoria, JFK, Winnie the Pooh, Garrison Keillor, and many others

The seductiveness of a velvety Brie or the perfect martini

How to decide whom to invite to a dinner party—and whom not to

John Irving’s family recipe for meatballs; Balzac’s love of coffee

The greatest dinner ever given at the White House

Where in Paris Samuel Beckett and Harold Pinter had French onion soup at 4:00 a.m.

Sophisticated as well as practical, opinionated, and indispensable, *Life Is Meals* is a tribute to the glory of food and drink, and the joy of sharing them with others. “The meal is the emblem of civilization,” the Salters observe. “What would one know of life as it should be lived, or nights as they should be spent, apart from meals?”

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From reader reviews:

Delores Nault:

In this 21st one hundred year, people become competitive in each and every way. By being competitive now, people have do something to make these survives, being in the middle of the crowded place and notice through surrounding. One thing that oftentimes many people have underestimated the idea for a while is reading. That's why, by reading a book your ability to survive boost then having chance to stand up than other is high. For you personally who want to start reading any book, we give you this specific Life Is Meals: A Food Lover's Book of Days book as starter and daily reading guide. Why, because this book is usually more than just a book.

Stacey Greene:

Spent a free the perfect time to be fun activity to try and do! A lot of people spent their sparetime with their family, or their particular friends. Usually they carrying out activity like watching television, gonna beach, or picnic inside park. They actually doing same every week. Do you feel it? Do you wish to something different to fill your current free time/ holiday? Can be reading a book is usually option to fill your free of charge time/ holiday. The first thing you will ask may be what kinds of publication that you should read. If you want to try look for book, may be the reserve untitled Life Is Meals: A Food Lover's Book of Days can be excellent book to read. May be it could be best activity to you.

Bruce Harrison:

Are you kind of occupied person, only have 10 or even 15 minute in your day to upgrading your mind expertise or thinking skill possibly analytical thinking? Then you are having problem with the book than can satisfy your short space of time to read it because this time you only find book that need more time to be go through. Life Is Meals: A Food Lover's Book of Days can be your answer mainly because it can be read by a person who have those short extra time problems.

April Baker:

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