

Emphasizing the Interpersonal in Psychotherapy: Families and Groups in the Era of Cost Containment

Claude Villeneuve



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With today's recent mental health care reforms many psychotherapists are being forced to reexamine the relevance of their practices. Economic pressures, managed care, and the discrepancy between what a therapist hopes to accomplish, and what the relative limitations of his or her treatments are, makes the future of psychotherapy uncertain. This provocative new book examines the failings of current individual psychotherapies and offers a model based on larger interpersonal schemes. This resource will be invaluable not only to therapists who are faced with the need to modify their practices, but also to any mental health practitioner who hopes to develop a more effective form of psychotherapy.

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