



The ADHD Advantage: What You Thought Was a Diagnosis May Be Your Greatest Strength

Dale Archer MD

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The *New York Times*–bestselling author of *Better Than Normal*, esteemed psychiatrist Dale Archer, M.D., reveals how ADHD might be the key to your success.

For decades, in the United States and in countries around the world, physicians delivered the diagnosis of ADHD to patients as bad news and warned them about a lifelong struggle of managing symptoms. But *The ADHD Advantage* explodes this outlook, arguing that some of the most highly successful entrepreneurs, leaders, and entertainers have reached the pinnacle of success not in spite of their ADHD but *because* of it.

People with ADHD are restless, endlessly curious, often adventurous, willing to take smart risks, and unusually resilient, and their ranks include some of the greatest entrepreneurs of our time. Sharing the stories of highly successful people with ADHD, Archer offers a vitally important and inspiring new way to recognize ADHD traits in oneself or in one's loved ones and then leverage them to great advantage. Readers will learn to harness mental energy for greater creativity, embrace multitasking, and build a path to great success—without medication. As someone who not only has ADHD himself but has never used medication to treat it, Dr. Archer understands the condition from a unique professional and personal standpoint. Armed with new science and research, and his own personal experience, he teaches readers to embrace their natural strengths and innate potential.

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This The ADHD Advantage: What You Thought Was a Diagnosis May Be Your Greatest Strength book is absolutely not ordinary book, you have it then the world is in your hands. The benefit you receive by reading this book will be information inside this publication incredible fresh, you will get details which is getting deeper a person read a lot of information you will get. That The ADHD Advantage: What You Thought Was a Diagnosis May Be Your Greatest Strength without we know teach the one who looking at it become critical in thinking and analyzing. Don't end up being worry The ADHD Advantage: What You Thought Was a Diagnosis May Be Your Greatest Strength can bring when you are and not make your case space or bookshelves' grow to be full because you can have it with your lovely laptop even telephone. This The ADHD Advantage: What You Thought Was a Diagnosis May Be Your Greatest Strength having excellent arrangement in word in addition to layout, so you will not really feel uninterested in reading.

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