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Keep Calm and Slow Cook

Barbara Dixon



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Whether you're living life in the fast lane or you've slowed down and simplified, quality meals don't have to take up all your time and stovetop space. Fix it and forget it with this modernized collection of slow cook recipes. Inside readers find some classic favorites like winter minestrone and herb chicken with roasted vegetables, along with other delectable dishes like parsnip soup with chorizo, salmon and asparagus pie, spiced chicken pilau, classic paella, caramelized onion and goat cheese tart, braised beef with mustard and capers, artichoke and mushroom lasagna, lentils with red pepper, and even a few things for the sweet tooth, like drunken pears and toffee cheesecake. Beautiful photography and artwork accompany the detailed recipes to help you create the most delicious slow-cooked cuisine to rival the finest chefs. Perfect for foodies, people on the go, or anyone trying to eat quality meals at home. *Keep Calm and Slow Cook* is a perfect home companion for any food lover.

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From reader reviews:

Charles Thomas:

Playing with family in the park, coming to see the ocean world or hanging out with good friends is thing that usually you have done when you have spare time, after that why you don't try thing that really opposite from that. Just one activity that make you not feeling tired but still relaxing, trilling like on roller coaster you have been ride on and with addition details. Even you love Keep Calm and Slow Cook, you can enjoy both. It is great combination right, you still want to miss it? What kind of hang type is it? Oh come on its mind hangout guys. What? Still don't get it, oh come on its named reading friends.

Louis Trent:

Many people spending their time frame by playing outside along with friends, fun activity having family or just watching TV the entire day. You can have new activity to invest your whole day by reading through a book. Ugh, ya think reading a book really can hard because you have to take the book everywhere? It all right you can have the e-book, getting everywhere you want in your Mobile phone. Like Keep Calm and Slow Cook which is finding the e-book version. So , why not try out this book? Let's view.

Cheree Rodriquez:

In this era which is the greater man or who has ability to do something more are more important than other. Do you want to become one of it? It is just simple strategy to have that. What you need to do is just spending your time little but quite enough to possess a look at some books. On the list of books in the top checklist in your reading list is actually Keep Calm and Slow Cook. This book which is qualified as The Hungry Slopes can get you closer in growing to be precious person. By looking upward and review this book you can get many advantages.

Robert Fox:

What is your hobby? Have you heard in which question when you got learners? We believe that that query was given by teacher to the students. Many kinds of hobby, Every person has different hobby. And also you know that little person including reading or as reading through become their hobby. You should know that reading is very important and also book as to be the issue. Book is important thing to increase you knowledge, except your current teacher or lecturer. You will find good news or update with regards to something by book. A substantial number of sorts of books that can you go onto be your object. One of them is this Keep Calm and Slow Cook.

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