

JANUMET Tablet: Indicated as an Adjunct to Diet and Exercise to Improve Sugar Control in Adults with Type 2 Diabetes Mellitus

James Lee Anderson



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"Although, your health condition may impact your everyday life, do not let it define who you are." JANUMET (metformin and sitagliptin combination) is used to treat high blood sugar levels caused by type 2 diabetes. Normally, after you eat, your pancreas releases insulin to help your body store excess sugar for later use. This process occurs during normal digestion of food. In type 2 diabetes, your body does not work properly to store the excess sugar and the sugar remains in your blood. Chronic high blood sugar can lead to serious health problems in the future. Many people can control type 2 diabetes with diet alone or diet and exercise. Following a specially planned diet and exercising will always be important when you have diabetes, even when you are taking medicines. To work properly, the amount of metformin and sitagliptin combination you take must be balanced against the amount and type of food you eat and the amount of exercise you do. If you change your diet, your exercise, or both, you will want to test your blood sugar to find out if it is too low. Your doctor will teach you what to do if this happens. JANUMET (metformin and sitagliptin combination) does not help patients who have insulin-dependent or type 1 diabetes, because they cannot produce insulin from their pancreas. Their blood glucose is best controlled by insulin injections. This medicine is available only with your doctor's prescription. Thanks and may you have a good understanding about this drug—JANUMET. You may want to share this book with your family and friends who may be in need of help and would want to use this medicine. Take care, and as always, be well!

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