



# TLC at Work: Training, Leading, Coaching All Types for Star Performance

*Donna Dunning*

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## **TLC at Work: Training, Leading, Coaching All Types for Star Performance** Donna Dunning

Drawing on the key concepts of the Myers-Briggs Type Indicator© tool and her 20 years of experience working with personality type, Donna Dunning presents a start-to-finish process and toolbox of hands-on, interactive resources that tie personality type to performance improvement. TLC at Work explores the core practitioner competencies that lay the groundwork for a trust-based working relationship and for learning effective techniques to create, coach and monitor a development plan with others. Dunning then turns the spotlight on the five core competencies every worker needs to succeed in today's workplace: self-responsibility, communication, mindfulness, productivity and proactivity. With powerful assessment tools and checklists, practical tips and step-by-step advice, a sample development plan and a detailed guide to eight distinct ways of working based on type, this comprehensive fieldDavies-Blackkook provides all the resources needed to establish measurable competencies for specific and definable work roles that accommodate differences, help individuals excel and contribute to improved overall business performance.

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