



The Complete Canadian Living Cookbook: 350 Inspired Recipes from Elizabeth Baird and the Kitchen Canadians Trust Most

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More than twenty-five years of cooking expertise perfected in the unique *Canadian Living* Test Kitchen and printed in the food pages of *Canadian Living* magazine are distilled in this magnificent and completely new cookbook. The *Canadian Living* Test Kitchen guarantee — “Tested till perfect” — has assured a loyal following among cooks who know that *Canadian Living* Test Kitchen recipes guarantee success. Beautifully produced with a 2-colour interior and 2 eight-page photo inserts, the book contains more than 350 recipes, including regional specialties, dishes from our heritage communities, and fresh takes on modern classics such as sushi, chocolate fondue and pasta. Experienced cooks will enjoy the challenge of new inspirations such as Thai curries, pot stickers, grilled quail and chocolate confections. With an emphasis on eating for health, as well as nutritional analyses and advice, tips on cookware, food shopping and storage, and much more, *The Complete Canadian Living Cookbook* has everything any home cook will need. It is a guarantee of good food and an investment in good taste and good health.

- Over 350 *Canadian Living* “tested till perfect” recipes
- Information on choosing and storing fruits, vegetables, meat, poultry and fish
- Find how to select the right cooking equipment for your kitchen
- Tips on shopping, storage and ingredient substitutions
- Glossary of essential cooking and baking terms
- Advice on how to use slow cookers, bread machines and food processors
- Page-top symbols that pinpoint fast, make-ahead, freezable, budget-wise and *Canadian Living* classic recipes
- Streamlined recipes for easy preparation and clean-up
- Complete nutritional analysis for each recipe
- Cover the basics and challenges experienced cooks
- Highlights regional specialties and ingredients, dishes from our heritage communities and great cooks across the country

Tested till Perfect — The *Canadian Living* Test Kitchen

The *Canadian Living* Test Kitchen is the largest media test kitchen in Canada, testing and/or creating more than 500 recipes per year. Sensory evaluation takes place after each recipe is cooked. The challenge for the tester is not simply whether the dish tastes good but how its taste, appearance, healthfulness and method of preparation can be improved so that it will be the best it can possibly be. The recipe is deemed to be “Tested till Perfect” when it satisfies the high standards of the magazine. Canadians have learned to trust *Canadian Living Magazine’s* recipes because of the rigorous testing and editing process.

A sampling of delicious recipes:

Curried Lamb Phyllo Triangles

Baked Brie with Strawberry Mint Topping

Baby Spinach and Goat Cheese Salad

Red Barn Corn and Bean Salad

Perfect Roast Chicken
Salmon Cakes
Grilled Portobello Burgers
Old-fashioned Beef Stew
Luscious Mushroom Lasagna
Lemon Sponge Pudding
Chocolate Raspberry Ice-Cream Cake
Saskatoon Berry Pie
Apple Pie Muffins
Country Seed Bread
Pear and Apricot Conserve
Spicy Thai Shrimp and Noodle Soup
Asparagus Miso Soup
Glazed Sea Bass with Red Curry Sauce
Smoky Tex-Mex Rib

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From reader reviews:

Jenifer Bell:

People live in this new day of lifestyle always try to and must have the free time or they will get wide range of stress from both daily life and work. So , if we ask do people have time, we will say absolutely indeed. People is human not only a robot. Then we ask again, what kind of activity do you have when the spare time coming to an individual of course your answer will probably unlimited right. Then ever try this one, reading publications. It can be your alternative in spending your spare time, often the book you have read is The Complete Canadian Living Cookbook: 350 Inspired Recipes from Elizabeth Baird and the Kitchen Canadians Trust Most.

Lola Hernandez:

The book untitled The Complete Canadian Living Cookbook: 350 Inspired Recipes from Elizabeth Baird and the Kitchen Canadians Trust Most contain a lot of information on the item. The writer explains her idea with easy approach. The language is very clear and understandable all the people, so do not worry, you can easy to read the item. The book was compiled by famous author. The author will bring you in the new period of time of literary works. You can easily read this book because you can continue reading your smart phone, or gadget, so you can read the book within anywhere and anytime. In a situation you wish to purchase the e-book, you can wide open their official web-site in addition to order it. Have a nice study.

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Stephanie Landa:

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