

# Essential Oil Diffuser Recipes: 100+ of the best aromatherapy blends for home, health, and family

Pam Farley



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Pure, natural essential oils are an amazing way to improve your mood and add fragrance to your home—without the toxic chemicals in scented sprays and candles. In this collection of more than 100 diffuser recipes, you'll find combinations for: • Mental clarity • Relaxation and sleep • Immune support • Stress relief • Mood boosting • Romance And much more! Can be used with any brand of essential oils.

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