



# Twins: A Practical Guide to Parenting Multiples from Conception to Preschool

*Katrina Bowman, Louise Ryan*

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**An updated edition of this user-friendly guide to having and parenting more than one baby/toddler at the same time**

Each author of this book had the same thought upon being told she was having twins, once she recovered from the shock: buy a book that explains what to expect in order to get organized and to prepare emotionally and physically for the anticipated upheaval to her life. When they couldn't find such a text, they decided to write it themselves. Based on extensive research as well as their own and other twin parents' experiences of pregnancy, birth, and twin toddlers, Katrina and Louise offer sound practical advice that is backed up by medical practitioners and health professionals where relevant. Detailed information with user-friendly explanations of medical jargon is peppered with amusing and moving stories of catastrophe, chaos, and coping. There are at-a-glance hints and survival tips at the end of each chapter and easy-reference tables of information throughout. The number of multiple births is rapidly increasing due to IVF and the older age range of new mothers. More people are having twins (or multiples) than ever before. This is the book they have to have.

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As a college student exactly feel bored in order to reading. If their teacher inquired them to go to the library or even make summary for some book, they are complained. Just very little students that has reading's spirit or real their interest. They just do what the educator want, like asked to go to the library. They go to right now there but nothing reading very seriously. Any students feel that studying is not important, boring in addition to can't see colorful pictures on there. Yeah, it is to be complicated. Book is very important for you. As we know that on this time, many ways to get whatever we would like. Likewise word says, many ways to reach Chinese's country. Therefore , this Twins: A Practical Guide to Parenting Multiples from Conception to Preschool can make you feel more interested to read.

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