



Eat Mexico: Recipes from Mexico City's Streets, Markets & Fondas

Lesley Téllez

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Eat Mexico is a culinary love letter to one of the biggest cities in the world—a chaotic, vibrant place where residents eat from sidewalk grills and stands, and markets and casual restaurants serve up fresh, hot food daily. In this book, journalist Lesley Téllez—who also runs her own food tour company in Mexico City—takes you through the city's most classic dishes, offering recipes from her favorite haunts on the streets, in city markets, and in small, homestyle fondas.

Many of these dishes are items Americans may not recognize: the football-shaped, bean-stuffed corn tlacoyo, topped with cactus and salsa; the tortas bulging with turkey confit and a peppery herb called pápalo; beer-braised rabbit, slow-cooked until tender. The book ends on a personal note, highlighting the creative, Mexican-inspired dishes—like roasted poblano oatmeal—that Lesley cooks at home in New York with ingredients she came to know in Mexico.

With more than 100 recipes, on-location photography and text written in a friendly, personal tone, *Eat Mexico* is a must for anyone who loves Mexico, its food and unique urban culture.

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