



Deal Feel Heal: Keys to understanding and healing your emotional pain so you can become the you YOU want to be

Betty Hoeffner

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DEAL FEEL HEAL is a book that can help you become the You YOU want to be. It is full of stories from a former bully who was also bullied. Some of the stories will shock you, while others will make you laugh and cry. Throughout the book you will be asked questions so you can share your wisdom with students around the world.

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