



Inpatient Psychiatric Nursing: Clinical Strategies & Practical Interventions

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Named a 2013 Doody's Core Title!

2012 Second Place AJN Book of the Year Award Winner in Psychiatric-Mental Health Nursing!

"This is truly a contribution to the hands-on clinical literature....This book can serve as a resource for nurses working in inpatient psychiatry, nursing students, and nursing faculty who teach undergraduate psychiatric nursing."--**Choice: Current Reviews for Academic Libraries**

"[A] great book for inpatient psychiatric nurses."--**Doody's Medical Reviews**

Psychiatric nursing practice has changed dramatically over the past decades to accommodate vast changes in our health care system. The patients who now meet the level of care standards for an acute care setting have to be very ill and typically exhibit considerable behavioral impairments and multiple safety issues. This handbook for psychiatric nurses and nursing students reflects these changes and focuses on four particularly challenging aspects of acute psychiatric nursing practice: keeping the patient safe, stabilizing symptoms, promoting engagement in treatment, and discharge planning. In a systematic, easy-to-access format, the book offers proven, clinically useful interventions designed to modify and manage disruptive patient behavior. Also included is a chapter on overcoming one's own barriers to effective nursing in the difficult psychiatric environment.

This important interdisciplinary clinical resource grew from a forum of Butler Hospital nurses who convened over a two-year period to identify and explore successful interventions used in the inpatient psychiatric acute care setting. The guide represents a collaboration between these health care professionals and their colleagues at the University of Rhode Island McLean Hospital, New York Presbyterian Hospital, and the Institute of Living.

Key Features:

- Provides practice-based evidence and clinically useful interventions designed to modify and manage challenging and disruptive patient behavior
- Represents interdisciplinary collaborative work among staff nurses, advanced practice nurses, psychiatrists, social workers, occupational therapists, and psychologists
- Presents clinical practice savvy equally useful to new psychiatric nurses and nursing students
- Disseminates information in an easy-to-access, consistent format

This book is also available as part of a discounted set. To view the Psychiatric-Mental Health Nursing Special Student Pack, click the link above.

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