



Home Doctor

DK Publishing, Michael Peters

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Providing practical advice on home treatments, this accessible guide explains what can be done to relieve symptoms and, if possible, clear up the problem for many common medical conditions. Illustrated with step-by-step photographs, this book's well-rounded approach includes practical techniques, preventive measures, complementary remedies, and conventional medical treatments for use in the home. An integrated approach to health is increasingly popular among doctors and patients, and Home Doctor helps you use all of the information available to treat many common conditions at home. Practical and easy-to-use, it includes over 150 common symptoms, illnesses, and injuries with advice on when you can treat them safely and effectively and when to call a doctor.

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