



Breaking Back: How I Lost Everything and Won Back My Life

James Blake

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James Blake's life was getting better every day. A rising tennis star and *People* magazine's Sexiest Male Athlete of 2002, he was leading a charmed life and loving every minute of it. But all that ended in May 2004, when Blake fractured his neck in an on-court freak accident. As he recovered, his father—who had been the inspiration for his tennis career—lost his battle with stomach cancer. Shortly after his father's death, Blake was dealt a third blow when he contracted zoster, a rare virus that paralyzed half of his face and threatened to end his already jeopardized career.

In *Breaking Back*, Blake provides a remarkable account of how he came back from this terrible heartbreak and self-doubt to become one of the top tennis players in the world. A story of strength, passion, courage, and the unbreakable bonds between a father and son, *Breaking Back* is a celebration of one extraordinary athlete's indomitable spirit and his inspiring ability to find hope in the bleakest of times.

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