



Thinking Like a Plant: A Living Science for Life

Craig Holdrege

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Who would imagine that plants can become master teachers of a radical new way of seeing and interacting with the world? Plants are dynamic and resilient, living in intimate connection with their environment. This book presents an organic way of knowing modeled after the way plants live.

When we slow down, turn our attention to plants, study them carefully, and consciously internalize the way they live, a transformation begins. Our thinking becomes more fluid and dynamic; we realize how we are embedded in the world; we become sensitive and responsive to the contexts we meet; and we learn to thrive within a changing world. These are the qualities our culture needs in order to develop a more sustainable, life-supporting relation to our environment.

While it is easy to talk about new paradigms and to critique our current state of affairs, it is not so easy to move beyond the status quo. That's why this book is crafted as a practical guide to developing a life-infused way of interacting with the world.

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