



Managing Teen Anger and Violence: A Pathways to Peace Program

William Fleeman

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Using anger to feel powerful, many teens exhibit classic signs of addictive behavior that can be successfully treated with the techniques outlined in this book. Filled with personal stories and vignettes, the book helps teens identify anger as a problem, recognize how they use anger like a drug, find non-violent ways to experience personal power, learn to change abusive and violent behavior, change attitudes and beliefs, avoid relapse into violent behavior, and much more.

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