



The World of Herbs & Flowers: A Guide to Growing, Preserving, Cooking, Potpourri, Sachets & Wreaths

Adelma Grenier Simmons

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All the wonders and charms of herbs, flowers and wreaths are captured within these covers. Adelma Grenier Simmons, one America's foremost authorities on herbs and herbal lore has brought together her vast knowledge to create a panoply of good things to smell, eat and decorate with. Herein you will find directions for growing and harvesting herbs, making sachets and essences from herbs and flowers and creating beautiful wreaths and swags for every season and holiday, for your home and family and for gifts for relatives and loved ones. Illustrated with magnificent color photographs taken at Caprilands, this volume will become a treasured inspiration to all.

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