



The Catcher's Handbook

Conor Kelley

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The position of catcher in baseball requires a broad set of physical and mental skills. This handbook, by a former catcher, offers precise advice on everything one needs to succeed behind the plate at the high school, collegiate and professional levels. Drawing on real-life scenarios, it addresses nearly every situation a catcher could ever encounter.

In addition to the mechanics of catching, blocking, picking, throwing, and catching pop-ups, topics include choosing the right gear; developing a relationship with the umpire; how to call a great game; when to call a pick-off; how to get runners out or keep them from advancing; making the tag at the plate; how to carry yourself like a team leader; injury prevention and other issues.

With tips and drills designed to improve specific skills, this guide is indispensable for any catcher looking to up his game.

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Why? Because this The Catcher's Handbook is an unordinary book that the inside of the book waiting for you to snap it but latter it will zap you with the secret it inside. Reading this book alongside it was fantastic author who write the book in such wonderful way makes the content interior easier to understand, entertaining technique but still convey the meaning completely. So , it is good for you for not hesitating having this any longer or you going to regret it. This excellent book will give you a lot of advantages than the other book include such as help improving your proficiency and your critical thinking method. So , still want to delay having that book? If I were you I will go to the publication store hurriedly.

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