



Mommy, My Head Hurts: A Doctor's Guide to Your Child's Headache (Newmarket Parenting Guide)

Sarah, M.D. Cheyette

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Reassuring and authoritative, Dr. Sarah Cheyette, a pediatric neurologist and mother of two young children, helps parents navigate the sometimes frightening world of a child's headache pain, and offers advice on symptoms, diagnosis, treatment, and how to deal with doctors.

In a clear, lively, easy-to-understand style, Dr. Cheyette answers parents' most pressing questions:

- How can I identify and treat pain in my baby? My toddler? My teen?
- What are the possible causes of my child's headache?
- What medications and nondrugtherapies are available for my child's pain?
- How can I prepare my child for a doctor's visit?
- What questions should my doctor ask to ensure an accurate diagnosis of my child's headache?
- What are our options if we've already seen a doctor...and the headache still isn't going away?

Filled with case studies drawn from her own practice, resources, diagrams, and a valuable sample headache diary, Mommy, My Head Hurts belongs on every parenting bookshelf.



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