



How to Be a Best Friend Forever: Making and Keeping Lifetime Relationships

Dr. John Townsend

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Our world has diluted the meaning of friendship, but the reality is, there's nothing like the sustaining strength of true-blue, forever friends. Still, many people are convinced that they'll never find such lifelong connections—or that they don't need them. In this encouraging audio book, best-selling author and psychologist John Townsend delivers hope and help for making these relationships a reality—and for making them even better if you've already got a “bestie.” His eight principles for building the very best kind of friendship, along with his shared experiences within his own friendships (including mistakes he's made), will move every listener to aspire to deeper connections and to stay the course when challenges arise. Townsend's simple but profound concepts are sure to transform listeners' relationships and keep them from missing out on one of life's greatest and most essential joys: the joy of having a best friend.

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