



The Carnitine Defense: An All-Natural Nutraceutical Formula to Prevent Heart Disease, Control Diabetes and Help You Stay Healthy

Dr. Steven DeFelice

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Carnitine - an important nutraceutical - increases the body's use of fats as an energy source, preventing fatty build-up in the heart, liver and muscles. It also reduces the health risks posed by poor metabolism. This work examines seven natural substances that can aid the cardiovascular system.

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Luther Brown:

Spent a free time for you to be fun activity to do! A lot of people spent their leisure time with their family, or their very own friends. Usually they accomplishing activity like watching television, planning to beach, or picnic in the park. They actually doing same task every week. Do you feel it? Will you something different to fill your current free time/ holiday? Could be reading a book can be option to fill your free time/ holiday. The first thing you ask may be what kinds of guide that you should read. If you want to test look for book, may be the book untitled The Carnitine Defense: An All-Natural Nutraceutical Formula to Prevent Heart Disease, Control Diabetes and Help You Stay Healthy can be very good book to read. May be it could be best activity to you.

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