



The Soul Polisher's Apprentice: A Martial Kumite About Personal Evolution

Mr. Christopher J. Goedecke

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Discover an American martial renaissance as it claims the heart of Asian fighting arts practice! Become a hae (fly) on the wall in the innermost chambers of martial knowledge. A true, down-to-earth, clearly presented and insightful unfolding of the inner martial journey as it winds through the training hall and into the personal destinies of two contemporary journeymen, Hayashi and White Tiger, who come to embrace the essence of authentic Martial Ways. Penetrating, positive, and refreshing insights are revealed about the nature of martial techniques, rituals, philosophy and spiritual wisdom.

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