



A Handful of Herbs: Inspiring Ideas for Gardening, Cooking and Decorating Your Home with Herbs

Barbara Segall, Ross Hammick, Louise Pickford

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Herbs have been cultivated for thousands of years for their aromatic, health-giving, and culinary qualities. Today they are also valued as attractive additions to any garden or as sweet-smelling decoration in the home. In this book, herb expert Barbara Segall, Food writer Louise Pickford, and stylist Rose Hammick pool their knowledge to celebrate every aspect of herbs, from growing conditions in beds, borders, and containers, and indoors to decorative ideas for herbs in the home. Cooking with herbs is explored in 35 recipes, from snacks to sweet things. The book ends with a directory of 75 common herbs. With special photography by Caroline Arber and William Lingwood. *over 30,000 copies sold in hardcover *Includes profiles of the top 20 herbs, such as basil and lavender. *The perfect gift for anyone who enjoys growing and using herbs indoors or out--cooks, gardeners, aromatherapy fans; herbal tea drinkers, and more.

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